Responsible Gaming

> **OVERVIEW**
>
> Play rummy responsibly: age limits, deposit limits, self-exclusion tools, state restrictions and where to get help in India.

Rummy is legally recognised as a game of skill in most of India, but real-money play still involves financial risk — and for some players it can become a problem. This page is the most important one on our site.

The basics

- 18+ only. No real-money platform may accept minors, and neither should you let them play on your account.
- Set a deposit limit before your first game, not after a losing session. Most major apps support deposit limits in settings.
- Never chase losses. A losing session is the cost of entertainment, not a debt to be recovered.
- Play with money you can afford to lose. Never with rent, EMIs, or borrowed money.

State restrictions

Real-money rummy is restricted or banned in some Indian states, including Andhra Pradesh, Telangana, Assam, Odisha, Nagaland and Sikkim (rules change — verify your state's current law). Apps geo-block restricted states, and playing via VPN can forfeit your winnings and your KYC.

Warning signs

- Playing with money meant for essentials
- Hiding your play or losses from family
- Borrowing to deposit, or depositing immediately after every loss
- Feeling restless or irritable when not playing

Get help

If any of those warning signs feel familiar, use the self-exclusion tools in your app's settings and talk to someone. In India you can contact:

- iCall (TISS) — free psychosocial helpline: 9152987821
- NIMHANS helpline — 080-46110007

Every page on this site carries an 18+ notice for a reason. Bonuses are marketing — never deposit more than you planned just to unlock one.

Source: https://rummypdf.com